

STAR 1-3 Seminar WESTERN

February 19, 2018 Deer Lake, NL

Skate Canada NL and the Western Region are excited to host a STAR 1-3 seminar on February 19 in Deer Lake. Skaters at this level will participate in on and off ice classes with guest coach Rebecca Babb along with our provincial coaches.

Guest Coach - Rebecca Babb

- Native of Harbour Grace, NL Rebecca represented NL in ice dance for many years with her brother Josh Babb. *1999 Canadian Jr Dance champions and 2 time national team members.
- Coaching in the Kitchener-Waterloo area and has worked with outstanding dance teams such as Tessa Virtue and Scott Moir and Kaitlyn Weaver and Andrew Poje.
- Currently working with dance, single skaters and world class pair teams in the areas of stroking, footwork and choreography.

Eligibility: STAR 1-3 Skaters

How to Register: Registration will be available on the Skate Canada NL registration website: https://skatenf.uplifterinc.com/registraiton For detailed registration instructions click on "How to Register".

Registration Opens: Monday, January 29, 2018
*Maximum of 50 participants will be accepted.

Application Fee: \$50.00 per skater

*Medical refunds only with medical certificate, \$25.00 administration fee shall be levied to all refunds.

Program Outline

Monday Feb 19 – 8:00am-12:00pm

- This seminar will include a variety of on and off ice sessions including dance/creative expression, off ice jump and off ice warm ups etc.
- A detailed schedule will be forwarded to participants following the registration deadline.

Registration is online and on a first come-first served basis. Maximum of 50 skaters. Further Information:

Lori Brett 709-576-0509 skating@sportnl.ca

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